

## Friday Evening Message – 14 August 2020

I love animals. Always have done. It breaks my heart to see any animal suffering. I think they desire the same basic things we do. Safety, love and freedom.

If you follow me on Facebook, you will notice I share lots of things about animals. Some are videos of them doing funny things. Sometimes some of the posts are upsetting, heartbreaking really. Did you know that the British hedgehog is now classified as vulnerable to extinction?



It's not just the hedgehogs. Lots of lovely animals all over the world are in trouble too. Animal Welfare Watch posted a video recently, shared on my FB page, showing protesters throwing bikes, bottles and stones at the police horses during a demo in London. The horses have nothing to do with this! Sickening. Innocent animals doing humans' work while idiots attack them.



*"Until one has loved an animal, a part of one's soul remains unawakened,"* wrote Anatole France on the [Minds Journal](#). If you think animals don't have feelings, watch [this](#) right to the end.

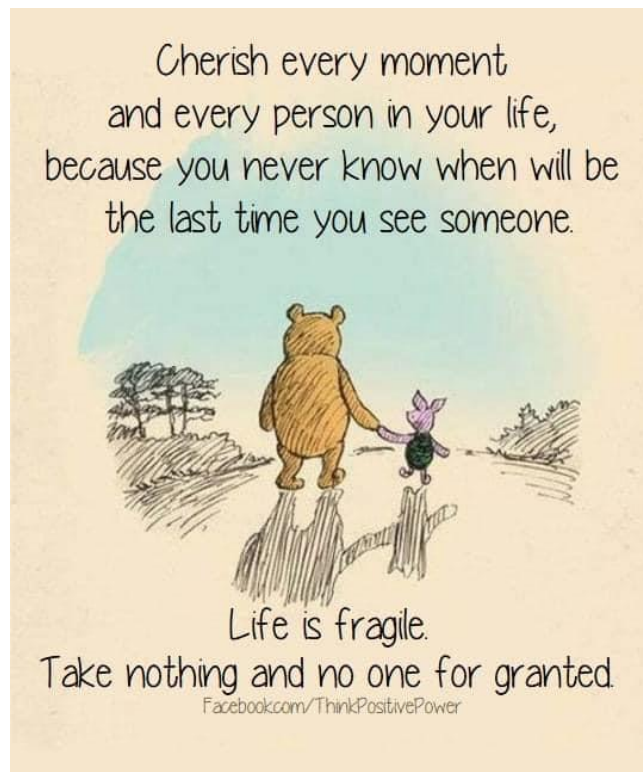


I also share posts on my page from [Kinder World](#), a site dedicated to encouraging compassion for animals, where it says "a compassionate world begins with you".

Here is something else for you:

*See yourself in others  
Then whom can you hurt?  
What harm can you do?*  
-From [Buddhist teachings](#)

And this too:



My FB page is there is explore. I'm Claire Bear on there, by the way. I post things that mean something to me whether serious or fun. For those of you who do follow my postings, I hope you see that I care about the world we live in. And how we treat it and everything in it.

Animals are wonderful. Life is beautiful. Be happy.

Shabbat shalom,

Claire  
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