

The Sea

Good evening,

Living here during this lockdown has given me many moments to contemplate on the sea. You see it in its many states and realise its power both explosive and calm. In its calm state, you get many vistas from morning sunrise to calming sunsets; the days when the fishermen start off at dawn in the summer calm to the days when the sea is violent, but they still turn out.

When we first came here, if the lifeboat had to turn out they fired a maroon over the town to call them up on these nights. We all of course knew what was going on and feared for their safety. Of course, now the crew are contacted by mobile for any emergency at sea and the town is no longer alerted. The maroons were phased out on health and safety concerns.

I have reflected on the different aspects of the sea, mirroring the emotions we are all experiencing through this pandemic, at times tumultuous and sometimes calm. The sea changes on a day to day basis, as does our emotions. Life brings its ups and its downs and the sea in all its glory remains a constant whether stormy or calm. It is beautiful whatever.



Blessing on seeing the sea

(Siddur Lev Chadash, page 547)

*We praise You, Eternal God,
Sovereign of the universe,
Creator of the great oceans.*

Shabbat shalom.

Keep safe everyone,

John Munden

Norwich Liberal Jewish Community

norwichljc.org.uk

